

New Perspectives for Men Program

This 16-week program supports men who use abusive behavior in their relationships. Participants are encouraged to challenge and take responsibility for their established beliefs, attitudes and behaviors that lead to unhealthy relationships. As well, men receive information and learn positive relationship skills that strengthen them to live a violence-free lifestyle based on safety, respect and equality in relationships.

- Information
- Group Discussion
- Learning Activities
- Personal Reflection and Understanding
- Supportive and Respectful Environment

16 sessions per group, 2 groups offered; fall and winter/spring.

Group typically runs on a weekday from 7:00 p.m.—9:00 p.m.



Lloydminster Interval Home Society

SAFETY • SUPPORT • EDUCATION

Emergency Shelter

- 24 hr safe shelter for women and children affected by violence and homelessness
- Practical and emotional support
- 24 hr Crisis Line: **780-875-0966**

Dol-Mar Manor: Second Stage Program

- Longer term shelter providing support, programming and security
- Practical and emotional support

Community Programs

- Family Violence Outreach Services
- Public Education
- Group Programming for women, men, children and youth

'For The Interval' Store

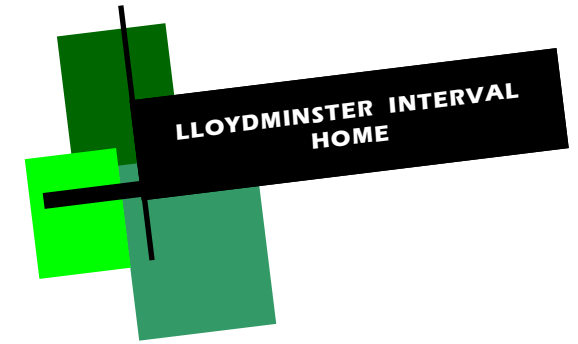
- Shop-Donate-Volunteer

Lloydminster Community Youth Centre

- Recreational and leadership opportunities
- Hot meal program
- Practical and emotional support

Funders

Government of Alberta Human Services •
Saskatchewan Ministry of Justice • City of
Lloydminster FCSS • Town of Vermillion FCSS •
County of Vermillion River FCSS • Alberta Health
Services • Public Health Agency of Canada •
Canada Summer Jobs • Community Businesses &
Organizations • Private Donations • Autumn
Leaves Golf Tournament



NEW PERSPECTIVES FOR MEN



To register CALL:

(780) 875-0966

What you need to know about relationship violence.

- * Relationship Violence can affect anyone regardless of: gender, culture, race, economic status, age or religion. There are no boundaries!
- * Abuse is any behavior that threatens and/or causes harm to another person. Abusive behavior can be mental, emotional, physical, sexual, spiritual, social, and financial.
- * Abusive behavior is learned. A person can learn not to be abusive in their relationships by changing their thinking and beliefs, taking responsibility for their actions and learning new skills.
- * 100% of children who witness family violence are negatively impacted by it. **They see, They hear, They feel.**

Program Goals

1. To **promote safety, respect and equality** for all people in their relationships.
2. To **support men**, who use abusive behaviors in relationships, **to change their thinking and behavior** to an abuse-free approach.
3. To **create understanding about relationship violence**, abusive behaviors and beliefs and the impact these have on a person's partner, children, family and self.
4. To **promote healthy relationship skills** that support an abuse-free lifestyle.

Session Topics Include:

- Understanding Relationship Violence
- Taking Personal Responsibility
- Healthy Relationships
- Anger and Stress
- Family of Origin
- Feelings/Expressing Emotions
- Communication
- Conflict Resolution/Problem Solving
- Personal Values
- Changing Thinking and Beliefs
- Changing Behavior/Setting Goals

How to Register:

Call our main line at 780-875-0966 to register your name and contact information on the interest list.

What's the time commitment?

- Information Night session, 2 hours.
- Intake Interview, 1 hour.
- 16 Weekly Group Sessions, 2 hours each.

A Program Facilitator will contact you 1-2 weeks before the Information Night sessions to confirm your interest.

All men must attend the information session and an interview to participate in the 16-week group.



Interval Home

LLOYDMINSTER