



LLOYDMINSTER INTERVAL HOME SOCIETY

Winter 2021 Newsletter



The True Meaning of Christmas

The holidays can be a stressful time for anyone. For women, children, youth and families who have struggled through out the year or have made the courageous decision to leave an unsafe situation, the holidays can be very overwhelming. Finances often don't allow for holiday gifts or sometimes women are all alone for the first time in their lives, but they are safe. This is a trade off, but it makes the holidays that much more difficult. Thanks to generous donors who offer gifts, food and other items help us to brighten their spirits.

We often hear, "I never expected to get a gift this year," or "You made Christmas special for my children, and me, thank you!", "We have never had a meal like this before, it reminds me of happier times."

These sentiments happen all through December as we make the very special deliveries. You may not see these smiles in the same way we do, but we know and want you to know you make this possible. Thank you!



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"Seeing is
believing, but
sometimes the most
real things in the
world are the
things we can't
see."

Christmas 2020 Memories

Below are a few words of reflection from a current resident of Second Stage; she joined us for Christmas last year and is preparing to move into her new place at the end of this month.

"Christmas at second stage was amazing. It was my first Christmas living all alone (without family) so I was feeling quite sad. The staff were awesome at helping me to cope and stay positive. Decorations and a tree were supplied so I was able to decorate and put up a tree. As well, a local company sponsored me so I had lots of presents under the tree to open Christmas morning and also had Christmas dinner donated. Staff had a Christmas party for us complete with many homemade treats. We all shared a favorite memory of past Christmases and had hot chocolate bombs (this was a first for me). Christmas at second stage was one that I will reflect on of the joy + peace for years to come."

Your generosity makes stories like these possible! This year there will be 5 families creating memories at Second Stage. Your gifts through out the year allow us to help women, children and youth feel at home, safe and hopeful.

Holiday Hampers

It is truly amazing to be able to extend a hand to the parents of our youth during the Christmas season. Getting to pick out presents intended for the youth is fun to take part in. One heartwarming memory I have is of one of our youth showing up after New Years wearing the coat that had been hand picked for him. His parents were very grateful for the helping hand.



RUDOLPH'S ROUNDUP

For 24 years the students and staff of the Lloydminster Comprehensive High School have shared the gift of giving and generosity with the needs of the Lloydminster Interval Home Society. The Leadership Class is the primary organizers of this annual event with daily challenges within the school. The whole school community works together to come up with an incredible amount of gifts and personal care items that our programs are able to use through out the year, even beyond the holidays. It is heartwarming and inspiring to see students so invested in bettering the community. We wish to extend our continued thanks to all who participate!

The team at Smileworks Dental Group have been long time supporters of the Lloydminster Interval Home Society in many ways. Their support

through team building and painting our Transitional Housing common area and offices, have had a doctor and staff member serve as volunteer Board of Directors, have been a committee member of our Dreaming Out Loud Children's Gala, and enthusiastically sponsor some of our events. The Smileworks Dental Group Team is supportive and dedicated to 'Giving Hope A Space To Grow' and we thank you for all you do!

A message from our CEO

Once again it's the time of year that we can reflect on the year that has passed and imagine what is to come in the year ahead. For me, it is the most heartwarming time of year as it is time to recognize the care, thoughtfulness and encouragement that each of you have shared to help make our clients' time with us better. You help to make our community more caring and safe, and because of you our doors can remain open to welcome those who are experiencing danger, trauma, and abuse. We have experienced some of the most challenging times over the last 21 months, dealing with uncertainties of all degrees. Thank you for remembering us during this difficult time.



As we prepare to celebrate the season and close out this year I want to share my thanks to our dedicated Board of Directors, staff, and volunteers for your steadfast dedication to supporting vulnerable individuals impacted by violence and homelessness. Without you, women would not have safety and options, children would not receive safety and child centred support, youth would not have a safe place to belong, and our community would not have the resources it needs for all individuals to be safe from violence, homelessness and build safe and healthy lives of well-being for themselves.

Thank you for your continued generosity to the Lloydminster Interval Home Society to support what we do in our community. Without you we would not be able to provide needed refuge for people seeking safety, support and knowledge to enhance their lives. Without you, we would not be here for our community.

Thank you all and have a wonderful holiday season. *- Angela Rooks-Trotzke*

How To Donate

You can visit us online, or make cheques payable to Lloydminster Interval Home Society.

If you would like a tax receipt for 2021, donations must be received prior to Dec 31, 2021

For other arrangements, please reach out to our team.

www.intervalhome.org and 780-808-5282 ext 2004

Family Violence Prevention Month

Family Violence Prevention Month Activities took place through out the community during the month of November, and we wish to extend a thank you to everyone who participated and engaged in our awareness campaign. We kicked off the month at City Hall with our CEO Angela and Mayor Aalbers providing remarks on a frosty morning November 1st with community members and partners in attendance. Later in the month we launched the “Lead From Where You Stand” video featuring many community influencers who share how they lead to help stand up against gender based violence in their own ways. We can all do our part to end gender based violence. There were also many community presentations provided in our community and surrounding area virtually. Thank you to everyone for your continued support in this important awareness campaign and may we continue to hold responsibility to do our part to end gender based violence through out the entire year.

"we can all play a role in ending gender based violence"



Kid's Corner

Recently, our friend Ed who has provided maintenance to our buildings for many years, and has a long white beard, was helping out with a little fixing at the emergency shelter. As he walked through playroom area in his red coveralls, a young child saw him and excitedly asked the child support worker, “Is that Santa?!” The child is now convinced that he knows where Santa works!



Christmas Olympics

The first Christmas Olympics took place in 2019 and since then the youth look forward to the holiday themed games and prizes each year. This is an excellent opportunity for those youth who are looking for some fun and friendly competition. The games are created to get the youth to compete in both team building games and individual skill tests. Although it has been interesting finding more Covid-19 friendly opportunities, the youth are happy that they can still participate in this fun Christmas themed program.



Social Enterprise

“Thriftmas on 50th” was a new venture for us last year and by all accounts...it was a huge success!

Although we had a lot of fun-filled sparkly interactions in our store, the real stories that stood out for us were about how “Thriftmas on 50th” positively impacted our community’s mental health.

We also had some single parents – moms and dads – come into our store that hadn’t had their kiddos for Christmas in quite some time – or ever.

Our volunteers and staff at Thriftmas on 50th were always excited to help these families find everything they needed to celebrate Christmas together – in style and on a budget!

We also received feedback from many customers – new and old – that came to our store repeatedly throughout the season because it just made them “feel better” when they were at our store!

What an important thing for us to hear and support our community through thrifting! Available at our current location.

‘For the Interval’ Store is e-x-p-a-n-d-i-n-g!

Very soon we will be accepting donations at our new location address there will also be an additional retail space where larger items like furniture will be available to purchase! This expansion will help us to accommodate our donations more efficiently and provide a cleaner and easier to access drop off your gently used items for both client use and for sale in our store! This also provides more opportunities to volunteers – we are currently recruiting individuals and groups to help in various areas! For more information or to sign up please visit <https://www.intervalhome.org/volunteer/> or call 780-808-5282 ext 2011 and our volunteer coordinator would be happy to help you!

STAY CONNECTED

Crisis & Support - 780-875-0966

Admin - 780-808-5282

Youth Centre: 587-789-1600

'For the Interval' Store: 780-808-8485

Box 1523 Lloydminster, SK S9V 1K5

admin@lloydintervalhome.com

<https://intervalhome.org/>

<http://www.lcyc.cc/>



Interested in Volunteering?

Our LIHS volunteer program is welcoming winter and this Holiday season with smiles and warm hearts! Oh how amazing it is to see our volunteers donating their time to helping others. We are welcoming service and business groups at 'For the Interval' store to assist with decorating, sorting, pricing and stocking our floor. We are also looking for and welcoming service and business groups to prepare fresh and frozen meals for our residents in our Emergency Shelter as well as our community youth at LCYC. With our second location opening very soon, we are looking for volunteers for all departments including 'Cash Ninja' volunteers who have experience working with cash along with fantastic customer service skills.

Apply online at www.intervalhome.org/volunteer

seeds of hope

Join a passionate group of monthly givers on a mission to end family violence and create healthy relationships for all.



You can make a difference!

Keeping women, children and youth safe is our top priority. Every donation received by the Lloydminster Interval Home Society is used to support our programs and services, which includes the emergency shelter, transitional housing and youth centre. The impact of COVID-19 and isolation has created a greater need for our services. Your support will help ensure every woman and child has the support they need when they need it most.

Donations can be made online or by cheque. We have options for monthly and quarterly giving to share your support throughout the year.

\$15 monthly giving

Put gas in the car for a day of transporting clients to appointments

\$25 monthly giving

Provide the basic necessities for a nights stay in shelter

\$41 monthly giving

Celebrate 41 years of LIHS serving the community!

your choice

You choose the amount of your monthly gift and we will make sure it is put to great use everyday!